

Reloading Standard Mode (C > 50 Deg.) • Test of ECMM Payload Computer

GMT	Crew	Activity
06:00–06:10		Morning inspection
06:10–06:40		Post-sleep
06:40–07:30		BREAKFAST
07:30–07:40		Prep for work
07:40–07:55		Daily planning conference (<i>S-band</i>)
07:55–08:15		Prep for work
08:15–09:15	CDR	CGBA transfer
08:15–11:05	FE-1	Maintenance of SM ventilation system (group C)
09:15–10:15	CDR	Changeout of cartridges in SM dust filters ПФ1-4
10:15–10:55		Maintenance of COЖ
10:55–11:00		-2: data downlink
11:00–11:05		БРПК-1
11:05–12:35	FE-1	Physical exercise (RED)
11:05–12:35	CDR	Physical exercise (TVIS-3)
12:35–13:35		LUNCH
13:35–14:35		OBT: fire response
14:35–14:45	FE-1	Setup for PAO event
14:45–14:55		Prep for PAO event
14:55–15:15		PAO event: Greeting Houston ASTROS
15:15–15:45	FE-1	POSSUM: payload photography
15:35–16:15	CDR	IMS file prep
15:45–16:45	FE-1	Physical exercise (CEVIS)
16:15–17:15	CDR	Physical exercise (VELO+Load Trainer-1 / day 3)
16:45–17:15	FE-1	Defibrillator checkout
17:15–18:15		ISS orientation
18:15–18:50		Daily plan review
18:50–19:05		Daily planning conference (<i>S-band</i>)
19:05–19:30		Report prep
19:30–20:00		DINNER
20:00–20:30		Daily food prep
20:30–21:30		Pre-sleep
21:30–06:00		SLEEP

NOTE: See OSTP for references to US procedures

End of radiogram